

THE ONE HUNDRED

Specs: Metro Immediate Area Population between 300,000 and 900,000

This is the battlefield.

1. First Number is City's Population Rank in ALL of America.
2. Second Number is most recent population report.
3. Third number was year 2000 population.
4. Fourth number is percentage population change in those last few years.

55	Tulsa, OK	887,715	859,532	+3.28%
56	Fresno, CA	877,584	799,407	+9.78%
57	Albany, NY	848,879	825,875	+2.79%
59	Dayton, OH	843,577	848,153	-0.54%
60	Omaha, NE	813,170	767,041	+6.01%
61	Albuquerque, NM	797,940	729,649	+9.36%
62	Oxnard, CA	796,106	753,197	+5.70%
63	Allentown, PA	790,535	740,395	+6.77%
64	Worcester, MA	783,262	750,963	+4.30%
65	Grand Rapids, MI	771,185	740,482	+4.15%
66	Bakersfield, CA	756,825	661,645	+14.39%
67	Baton Rouge, LA	733,802	705,973	+3.94%
68	El Paso, TX	721,598	679,622	+6.18%
69	Akron, OH	702,235	694,960	+1.05%
70	Columbia, SC	689,878	647,158	+6.60%
71	Springfield, MA	687,264	680,014	+1.07%
72	McAllen, TX	678,275	569,463	+19.11%
73	Greensboro, NC	674,500	643,430	+4.83%
74	Sarasota, FL	673,035	589,959	+14.08%
75	Poughkeepsie, NY	667,742	621,517	+7.44%
76	Stockton, CA	664,116	563,598	+17.84%
77	Toledo, OH	656,696	659,188	-0.38%
78	Knoxville, TN	655,400	616,079	+6.38%
79	Syracuse, NY	651,763	650,154	+0.25%
80	Little Rock, AR	643,272	610,518	+5.36%
81	Charleston, SC	594,899	549,033	+8.35%
82	Youngstown, OH	593,168	602,964	-1.62%
83	Greenville, SC	591,251	559,940	+5.59%
84	Colorado Springs, CO	587,500	537,484	+9.31%
85	Wichita, KS	587,055	571,166	+2.78%
86	Scranton, PA	550,546	560,625	-1.80%

87	Cape Coral-Fort Myers, FL	544,758	440,888	+23.56%	
88	Boise City, ID	544,201	464,840	+17.07%	
89	Lakeland, FL	542,912	483,924	+12.19%	
90	Madison, WI	537,039	501,774	+7.03%	
91	Palm Bay, FL	531,250	476,230	+11.55%	
92	Jackson, MS	522,580	497,197	+5.11%	
93	Des Moines, IA	522,454	481,394	+8.53%	
94	Harrisburg, PA	521,812	509,074	+2.50%	
95	Augusta, GA	520,332	499,684	+4.13%	
96	Portland, ME	514,227	487,568	+5.47%	
97	Modesto, CA	505,505	446,997	+13.09%	
98	Chattanooga, TN	492,126	476,531	+3.27%	
99	Lancaster, PA	490,562	470,658	+4.23%	
100	Daytona Beach, FL	490,055	443,343	+10.54%	
101	Ogden, UT	486,842	442,656	+9.98%	
102	Santa Rosa, CA	466,477	458,614	+1.71%	
103	Durham, NC	456,187	426,493	+6.96%	
104	Lansing, MI	455,315	447,728	+1.69%	
105	Provo, UT	452,851	376,774	+20.19%	
106	Winston-Salem, NC	448,629	421,961	+6.32%	
107	Flint, MI	443,883	436,141	+1.78%	
108	Spokane, WA	440,706	417,939	+5.45%	
109	Pensacola, FL	439,877	412,153	+6.73%	
110	Lexington, KY	429,889	408,326	+5.28%	
111	Corpus Christi, TX	413,553	403,280	+2.55%	
112	Salinas, CA	412,104	401,762	+2.57%	
113	Vallejo, CA	411,593	394,542	+4.32%	
114	Visalia, CA	410,874	368,021	+11.64%	
115	Canton, OH	409,996	406,934	+0.75%	
116	York, PA	408,801	381,751	+7.09%	
117	Fayetteville, AR	405,101	347,045	+16.73%	
118	Fort Wayne, IN	404,414	390,156	+3.65%	
119	Mobile, AL	401,427	399,843	+0.40%	
120	Manchester, NH	401,291	380,841	+5.37%	
121	Santa Barbara, CA	4762	399,347	+0.35%	
122	Springfield, MO	398,124	368,374	+8.08%	
123	Reading, PA	396,314	373,638	+6.07%	
124	Reno, NV	393,946	342,885	+14.89%	
125	Asheville, NC	392,831	369,171	+6.41%	
126	Beaumont-Port Arthur, TX	383,530	385,090	-0.41%	
127	Shreveport, LA	383,233	375,965	+1.93%	
128	Port St. Lucie-Fort Pierce, FL		381,033	319,426	+19.29%
129	Brownsville, TX	378,311	335,227	+12.85%	
130	Davenport, IA	376,309	376,019	+0.08%	
131	Salem, OR	375,560	347,214	+8.16%	
132	Peoria, IL	369,161	366,899	+0.62%	

133	Huntsville, AL	368,661	342,376	+7.68%	
134	Trenton, NJ	366,256	350,761	+4.42%	
135	Montgomery, AL	357,244	346,528	+3.09%	
136	Hickory, NC	355,654	341,851	+4.04%	
137	Killeen-Temple-Fort Hood, TX		351,528	330,714	+6.29%
138	Anchorage, AK	351,049	319,605	+9.84%	
139	Evansville, IN	349,543	342,815	+1.96%	
140	Fayetteville, NC	345,536	336,609	+2.65%	
141	Ann Arbor, MI	341,847	322,895	+5.87%	
142	Rockford, IL	339,178	320,204	+5.93%	
143	Eugene, OR	335,180	322,959	+3.78%	
144	Tallahassee, FL	334,886	320,304	+4.55%	
145	Kalamazoo, MI	319,348	314,866	+1.42%	
146	South Bend, IN	318,156	316,663	+0.47%	
147	Wilmington, NC	315,144	274,532	+14.79%	
148	Savannah, GA	313,883	293,000	+7.13%	
149	Naples, FL	307,242	251,377	+22.22%	
150	Charleston, WV	306,435	309,635	-1.03%	
151	Ocala, FL	303,442	258,916	+17.20%	
152	Kingsport-Bristol, TN	301,294	298,484	+0.94%	
153	Utica-Rome, NY	297,885	299,896	-0.67%	
154	Green Bay, WI	297,493	282,599	+5.27%	
155	Roanoke, VA	292,983	288,309	+1.62%	

TOP 23

Cities within the 300k-900k range PLUS growth of about 10% (or more).

56	Fresno, CA	877,584	+9.78%
61	Albuquerque, NM	797,940	+9.36%
66	Bakersfield, CA	756,825	+14.39%
72	McAllen, TX	678,275	+19.11%
74	Sarasota, FL	673,035	+14.08%
76	Stockton, CA	664,116	+17.84%
84	Colorado Springs, CO	587,500	+9.31%
87	Cape Coral-Fort Myers, FL	544,758	+23.56%
88	Boise City, ID	544,201	+17.07%
89	Lakeland, FL	542,912	+12.19%
91	Palm Bay, FL	531,250	+11.55%
97	Modesto, CA	505,505	+13.09%
100	Daytona Beach, FL	490,055	+10.54%
105	Provo, UT	452,851	+20.19%
114	Visalia, CA	410,874	+11.64%
117	Fayetteville, AR	405,101	+16.73%
124	Reno, NV	393,946	+14.89%
128	Port St. Lucie-Fort Pierce, FL	381,033	+19.29%
129	Brownsville, TX	378,311	+12.85%
138	Anchorage, AK	351,049	+9.84%
147	Wilmington, NC	315,144	+14.79%
149	Naples, FL	307,242	+22.22%
151	Ocala, FL	303,442	+17.20%

TOP FIVE

20% Growth

72	McAllen, TX	678,275	+19.11%
87	Cape Coral-Fort Myers, FL	544,758	+23.56%
105	Provo, UT	452,851	+20.19%
128	Port St. Lucie-Fort Pierce, FL	381,033	+19.29%
149	Naples, FL	307,242	+22.22%

OVERALL LEADER:

Cape Coral-Fort Myers, Florida
#87, over half a million population, with 23.5% growth!